Capps Elementary 3 choo / 2/27/2020 MHS #/



About the Local Wellness Policy Activity and Assessment Tool

LEAs are required to have a written local wellness policy (LWP), and at least once every three years, they must assess the implementation of what is written in the policy. Some written components can be easily assessed by asking the question, "Did we do this?" while others are more difficult to measure. ADE recommends using this tool to document the exact actions you expect to be completed and determine if your LEA is doing what is written in the policy. The District Wellness Committee can use this list of actions to select from when writing goals and policies in the LWP. Note, you should select at least one action from each section; selecting all actions is not required. Some actions are pre-checked because they are requirements of operating the National School Lunch Program. ADE recommends writing each of the selected actions into your LWP. This tool is designed to be an action plan that guides your implementation and assessment of your LWP.

LWELLNESS GOALS

The LWP must include goals in the areas of Nutrition Promotion, Nutrition Education, Physical Activity, and Other Activities to Promote Student Wellness. For each section, thoose the activities you'll implement and determine how many schools will work toward implementing the activities. Then, use the activities selected to write a goal in each area on the LWP Template. When monitoring implementation of the LWP at each school; fecord the number of echools that successfully completed the action(s)

GOAL: NUTRITION PROMOTION Nutrition Promotion includes activities and participation in programs that promote and reinforce health and emphasize the school's commitment to a healthy school nutrition environment.	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing
District encourages participation in meal programs as appropriate (School Breakfast, National School Lunch, Afterschool Care Snack, Fresh Fruit and Vegetable Program etc.).		A semana strategic and an area of sections				this action
School mea) program menus are posted on the district website or individual school sites.						
m triguos include intrient confett and ingredients.	Marine Marine	- William Charles	Since			-
I Participation in meal programs is promoted to families Character and personal valuables in the character of the character and the character of the character	AND DESCRIPTION OF THE PARTY OF		Y 15 1 3 1 2 4 2 2 2 2 2	CALL PROPERTY OF THE PARTY OF T	(本の) はない アントースー こうさ	Section of the sectio
Local and/or regional products are incorporated fifto the sunou meal program			2. 1			Hall in
included a substitution and nutrition are reinforced throughout the learning environment.						3 2 2 5 7
2) School hosts a school garden						
→ school nosts held trips to local farms.	mateuring, hiddings, obstandings and provided the second s	Spira ministration of the spiral spir				المدور المستخد المتألسان
🔾 schöol utilizes promotions of special events to highlight local/regional products		e de la companya de l				

istudi i entituine binate di uto ute anno ent eriori e binatificaci i entito di Espandia di Espandia. Espandia Si Whole fruit options are displayed in attractive bowls of baskets						West
Daily fruit options are displayed in a location in the line of sight and reach of students.		and the second s	Salah Salah Salah			
전, All staff members have been trained to politely prompt students to select and consume the daily vegetable 🗽						X
🛮 White milk is placed in front of other beverages in all coolers.		Target Control of the		144,69,493	M. Ar. I. Mare al.	
X Alternative entrée options (é.g., salad bar, yogurt parfaits, étc.) are highlighted an pasters at signis within all service and dining areas;";		t y Trans				
al Student surveys and taste testing opportunities are used to inform menu development, dining space décor and promotional ideas.		contract of the second				X
2 Dully announcements are used to promote and market meny options:						
Menus will be posted on the District website or individual school websites.			# 1026.1		22	
🗵 Menus Will be created and reviewed by a Registered Dieusian or other certified nutrition professional			Çayêrrê (138) Çayêrrê (138)	La Room and	h <u>ä</u> nyes.	7772
School meals are administered by a team of child nutrition professionals.			() () () () () () () () () ()		Pasia', 1911	X
☑ The District child nutrition program will accommadate students with special dietary needs.	Andrew Colored			-	-	727
Students will be allowed at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they have received their meal and are seated.	7 4 (ing the second second of the second s		N X
🗵 Students are served lunch at a reasonable and appropriate time of day.	piditana g			-		1
☑ Participation in Federal child nutrition programs will be promoted among students and families to help ensure that families know what programs are available in their children's schools.				The state of the s		

GOAL: NUTRITION EDUCATION Nutrition education teaches behavior-focused skills and may be offered as part of a comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to safeguard their health and make positive choices regarding food and nutrition, or nutrition education can be offered as sequential individual lessons throughout the school year.	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action	# schools working on this action	#schools successfully completing this action
☐ Nutrition soucation is taught in the following trades	1964		Property of			
	STATE OF STATE	1.56			ور در	
☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 14 ☐ 12 ☐ Elementary Schools: Nutrition education is offered as part of sequential comprehensive to the compreh		party 4		Joseph Company		
health education curriculum.	11.50 P/2.50	4400		The law of the second		-
⊠ Nutrition education is taught through other subjects: like math, science, language arts; social sciences and electives.		Garage Carps of Carps				X

VI Danks and a street	and the state of t	م المالية الما	V.C. Comment of the C					
Mealth education teachers provide opportunities for studenthrough the health education curricula.		ALL AND DESCRIPTION OF THE PARTY OF THE PART		A STATE OF THE PARTY OF THE PAR	Extractionary to the day symmetry control of the state of	V	And the same of th	
Dromotes fruits, vegetables, whole grain products, low fa	tand fat-free dairy products and healthy that		The Production of			_/`		,
preparation methods: 中部 (本)								
☐ Media literacy is taught with an emphasis on food and be	verage marketing.	The second distribution of the second						
Mighty Mustangs – iricouraging academics, physical áctivi	ty and sleep: Students will track reading minutes		in this Charles	nie zebeske. A n	l. Little of the second	<u> </u>	[بندست المناسب	
Physical activities and hours of sleep.								Í
						V		
Nutrition education is included in health education lessons o covered (best practice is to choose a minimum of 12 topics):	r physical education and the following topics are							
Relationship between healthy eating and	☐ Food safety	و المام			1			
personal health and disease prevention	☐ rood safety ☐ Importance of water consumption			1		e.	A CONTRACTOR OF THE PROPERTY O	
☐ Food guidance from MyPlate	Importance of eating breakfast				,			
Reading and using the FDA's nutrition fact labels	Making healthy choices when eating at						49	
🖾 Eating a variety of foods every day	restaurants							
☐ Balancing food Intake and physical activity	図 Eating disorders				:			
☑ Eating more fruits and vegetables and whole	☐ The Dietary Guidelines for Americans				ļ			١,
grain products	☐ Reducing sodium intake			THE PERSON NAMED IN COLUMN TO THE PE	a commence of the commence of			
Choosing foods that are low in fat, saturated fat, and cholesterol and do not contain trans fat	 Social influences on healthy eating, including media, family, press and peers 							
Choosing foods and beverages with little added	☐ How to find valid information or services							
sugar [] Eating more calcium rich foods	related to nutrition and dietary behavior) : 				
Preparing healthy meals and snacks	☐ How to develop a plan and track progress				The second secon			HOUSE SHIP
Risks of unhealthy weight control practices	toward achieving a personal goal to eat healthfully	-			and the second			
Accepting body size difference	Resisting peer pressure related to unhealthy		Ì.		-			
,	dletary behavior							
	☐ Influencing, supporting, or advocating for others' healthy dietary behavior	Market State	THE PROPERTY PROPERTY AND ADDRESS OF THE PROPERTY ADDRESS OF THE PROPERTY AND ADDRESS OF THE PROPERTY ADDRESS OF THE PROPE			-		Here was a second
図 Lessons link with school meal programs, caleteria hydric	Commence of the Commence of th			Zelegeki	Sa recursa	legg active	JAMES SECTION	4
and a supply and only included to a supply the state of the supply of the supply to th	The state of the s					XME		The state of the s
aNtiestOpraetitiestitajakajaetitajasterraksienitajajarist	Constanting Productions		a grapa para					1
☑ Cooking demonstrations				ure to the Mark				7
☑ Taste testing					10 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			
☐ Promotion of new school menu items							1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	4
Fact Lan	·				1		1	1

LI Farm tours	And the same of th

GOAL: PHYSICAL ACTIVITY Physical activity is defined by the Centers for Disease Control and Prevention (CDC) as any bodily movement						
produced by skeletal muscles that result in energy expenditure. Regular physical activity in childhood and adolescence improves strength and endurance, helps build healthy bones and muscles, helps control weight, reduces anxiety and stress, increases self-esteem and may improve blood pressure and cholesterol levels. Incorporating regular physical activity in your school(s) is an important contributor to student wellness.	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action
M. PhysicaPactivity is available for at least 20, minutes per week for K-3 students; 30 minutes per week for 'grades 4-6; 55 minutes per day for grades 7:8; 9-12 grades at idents are required to take the equivalence one accedemic year of physical education.						
☑ Physical activity during the day (including but not limited to recess, classroom physical activity breaks, or physical education) is not used or withheld as punishment for any reason.						X
口 The district provides teachers and other school staff with a list of ideas for alternative ways to discipling students.						
A comprehensive school physical activity program (CSPAP) is used to coordinate physical activity before, during and after school.			and a facility of the control of the			
 To the extent practicable, schools ensure that their grounds and facilities are safe and that equilibries is available to all students to be active. Through a formal joint- or shared-use agreement, indoor, and outdoor physical activity facilities and spaces 						X
are open to students, their families, and the community outside of school hours. Li Schools ensure that inventories of physical activity supplies and equipment are known and, when the community outside of school hours.	The state of the state of					X
necessary, work with community partners to ensure sufficient quantities of equipment are available to the courage physical activity for as many students as possible.	and post of the second					
Eligic Partie Article Strippe (Article) Articles Students have opportunities to participate in physical activity before school.						
⊠ Students have opportunities to participate in physical activity after school	ic Applica					X
In Arizona, LEAs are recommended to review the <u>Arizona PE Standards</u> . Arizona does not have PE requirement, but the national recommendation for PE minutes is 150 per week at the elementary level and 225 minutes per						TO COMP
week at the secondary level (middle school and high school level).				No. house		

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Figmentary children Jana J. V. C. L.						
Elementary students (grades K-S) in each grade receive physical education for at least (choose one): 45 minutes per week	**************************************			Salver produce and the salver below the salver of		
U 60-89 minutes per week				4		
	E E					
90-149 minutes per week	Š.			Programme of the Control of the Cont		
150 or more minutes per week				San		
☑ Other: 20 minutes per week				in Landing	4	X_{i}
Secondary students (gradès 7-12) are (chouse one)	A Residence	ALP . S. S. S.	Service valvesion			/
Required to take one physical education chedit total	Part Service	中的特殊	Tarigat (i)			
図 Will take more than one academic year of physical education						111
Will take physical education throughout all secondary school years		基 的原则				11/4
□ Others		AN ERST	这种证据			1-1-1
Students receive formal, age-appropriate physical education, consistent with national and state standards					44444	
A STATE OF THE PROPERTY OF THE						
D Physical education program promotes student physical fitness through individualized fitness and activity.		Tyreway E	738843			THE PART
assessments (via the Presidential Youth Fitness Program or other appropriate assessment)	er regio ji POF.					
Students are moderately to vigorously active for at least 50% of class time during most or all physical	Transfer of the second	distriction of the	A Contract of			
education class sessions.			417,000			V
☑ .Physical education iteachers participate in professional development at lease brice per year	And the second second second		l Light Light Will	Produktina (1857)	ýga ba	
		in the second				×
Physical education classes are taught by licensed teachers who are certified or endorsed to teach physical education.	- Sections - Tribing			Carteria profit State Contract of the Contract	<u> </u>	The state of the s
2.1		<u> </u>		·		
C Walvers, exemptions, or substitutions for physical education classes are lighteranted.		17 10 7 7	1945 (1947)	ff. 读集集	12 Y : 192 1	Translation of the state of the
Physical activity may not be substituted for any other class (i.e. dance, marching band, ROTC etc.)				- 		
ঠা Elementary schools provide at least 20 minutes of recess on all days during the schools provide at least 20 minutes of recess on all days during the school year?						
T If recess is offered bytes turned	-					X .
☐ If recess is offered before lunch, proper hand washing measures are in place.					_,	
図. Recess is offered outdoors when weather is feasible:	pelation.	i de la compansión de l	Sign in the contract of the co		202 . 424	ZX T
Recess is a compliment to not a substitute for physical education class.	separate a pulsability of military				PAT PAT	
☐ Recess monitors encourage students to be active.	ing the moreover	Destribution (IX 9)	Šinga sa	<u>مەسىرىنىڭ ئىلىشىنىڭ بۇرىدىكى بەرلۇر</u> لۇر	A STATE OF THE PARTY OF THE PAR	X
	\$40,247	rungi d				
Recess monitors serve as role models by being physically active along with students.					ىرىنى بىردۇرىدىنىدىنىدىنىدىنىدىن	1
clusters))nn/hysled/AcivilyBeroksand/Active/Acade/hjes/code/sectors/			r jaga en flesser ausan Ri iga	Waller of the second	SPIED Rokeries	
Students are offered periodic opportunities to be physically active or to stretch in the discussion	anner ar ather g	计编辑等 2014年	reserva al di a			
or most seek against a typical scriptol week.		T-Julian Francis			-	Xi
26/17	A STATE OF THE PERSON OF THE P	-	Annual State Control of the Control			t

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图ji Teachers provide shorf (3:5; minute) physical activity blea Stime at least 3 days per week	Kšto students. Dining androativeen class (com			Same or wife	A September (* at)		10 m 30 A	Alleman and the second
☐ Teachers receive resources, tools, and technology with ide	es for classroom physical activity.		The state of the s				ZX	and the second second
A Teachers incorporate movement and kinesthetic learning	antirearcher introduction and interest and i		ÇÜ 46-YEDBAYETA	10 11 Aug 12 10		waren i		
chossinie in reduce sedentary denaylor during the day.			alphane annient an annient annient annient				X	
☐ Teachers serve as role models by being physically active a				b-Linitini m		X	The second secon	4
	SURFICE AND A STATE OF THE STAT					No.		
☑ Health education is required in all elementary grades.			And a secure of the self security	S. Mindley a reminent versite 122 27	detailist see an iesti sunta d	7		T.
U Middle and high school stude its are required to take and	pass at least one health education course	de Paris.				All Control		a andreway.
 At least 6 of the following essential topics on physical acti The physical, physiological, or social benefits of 	vity are in the health education curriculum: Preventing injury during physical activity							4
physical activity	Weather-related safety, for example,		**************************************			A CONTRACTOR OF THE CONTRACTOR		
How physical activity can contribute to a healthy weight	avoiding heat stroke, hypothermia, and sunburn while being physically active		THE PROPERTY OF THE PROPERTY O			i i		-
How physical activity can contribute to the academic learning process	How much physical activity is enough; including determining frequency, intensity,		in the second se	e yearne se kanana s				
How an inactive lifestyle contributes to chronic disease	time and type of physical activity Developing an individualized physical			A State of the Control of the Contro		A CONTRACTOR OF THE CONTRACTOR		
☑ Health-related fitness, including cardiovascular	activity and fitness plan					-		
endurance, muscular endurance, múscular strength, flexibility, and body composition	Monitoring progress toward reaching goals in an individualized physical activity plan			The state of the s			X	
 Differences between physical activity, exercise and fitness 	Dangers of using performance-enhancing drugs such as steroids	Grand and an artist of the second	And the second s	r iliadik wet Yrype	1	The second secon	-	-
Phases of an exercise session including warm up, workout, and cool down	Social influences on physical activity including media, family, peers, and culture							
Decreasing sedentary activities such as TV watching	How to find valid information or services related to physical activity and fitness				The state of the s	The second secon	A Company of the Comp	Non-Company of Control
☑ How to influence, support, or advocate for	Overcoming barriers to physical activity				And the second s			
others to engage in physical activity Opportunities for physical activity in the	How to resist peer pressure that discourages physical activity	.						
community				and of aggress view and				
Addiversalisticular (Ostginorgiae) standioose uppliju Usafe of preferred routes to school are designated as se-								
Activities such as participation in international Walk to Sci	ggl Week are promoted							5
ப் Crosswälks on streets leading to school are used ்					1. AMTO Salves de	र हण्डाहा	1	-
□ Secure storage facilities for bicycles and helmet are prese	nt on school grounds.			B-24 M.V.				-
⊠ Instruction on walking/bicycling safety is provided to stud	•		后。1981年開發。			1 1 X X 3 1	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	7

J Crossing guards are used.	<u> </u>						T te
3: Walking school buses are coordinated.							K
3 The number of children walking and/or biking to and from school is documented.						A	4
i Maps of the school environment (sidewalks, crosswalks, roalls, patriways, bike radks) are distributed 📑 😤 🧝		Design Trace		118 - 224 - 721		A A A A A A A A A A A A A A A A A A A	
I Safe routes to school program is promoted to students, staff, parents via newsletters, websites, and local							1
newspaper						•	Lambia de
CALLOTHER ACTIVITIES THAT PROMOTE STUDENT WELLNESS AND A	n energy r	Miller 1988			Here i		Ĭ
	# schools	* schools	# schools	# schools	# schools	# schools	\$
	working	successfully	warking	successfully	4	successfully	
	on this action	completing this action	on this	completing	on this	completing	TOTAL PROPERTY.
	action.	i this action;	action	this action	scoon	this action	
dinektiningadinents si							il B
School-sponsored events incorporate wellness components including physical activity and fiealthy eating		er ar white			A GARAGE		
White and the community Private and the second seco							10
						and the second s	4
1 Universities/colleges			Marie Caracita			and the same of th	
Local businesses		· · · · · · · · · · · · · · · · · · ·	Military F.				
SNAP-Ed Providers		. 1 1 5 5 5 7 5 13 1 2 V 7 28 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		tel alamanda arabahan	en e	ال د استخداد داده	.1
OPARADATLY (Beoffan Grand Grand Gerand) y Engagerran							
图 The benefits of and approaches to healthy eating and physical activity are promoted to parents/caregivers,							7
families, and the general community throughout the school year (i.e. the school provides information about	A. Table			-	Parameter and the second	1	
nutrition and physical activity to parents throughout the year).	di T				and the second	l X	
☑ Families are informed and invited to participate in school-sponsored activities and lecelye information							1
about health promotion efforts		2.89-2 ⁹ 6.30				San	7
Electronic and non-electronic mechanisms are used to ensure that all families are actively notified of					ŀ		-
opportunities to participate in school-sponsored activities and receive information about health promotion efforts.		Commence of the Commence of th		THE STREET		X	
idir Wellar Guilele telliling operation					235000000000000000000000000000000000000	erekatiankanikaane.	STATE OF
。因此,我们就是这种的。我们就是一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个					的 种表现的		d
如 the District Welliness Committee has a staff-wellness subcommittee that focuses on staff wellness issues.							
ldentifiés and disseminates wellness tesquites and performs other functions that support staff wellness in coordination with human resources staff. This subdommittee (or second and the second staff wellness in schools) if							
yes best practice to list subcommittee leader's name in the policy.							Time of

		Local Wellr	ness Policy	Activity an	id Assessn	nent Tool	108
Schools implement strategies to support staff in actively promoting and modeling healthy eating and physical activity behaviors, and 3-4 strategies are listed.		Andrew Community of the	A programme to a series of the	, na munici um kalledaskirangan - 444-, fud, Aşırdadi əhnə			
⊠ Signlegy L'Theidistrict Will send oùt monthly Halman Group Tri-Wellilless newsletter to all staff by email. Elofinan also provides videos that can be viewed by staff on all wellness type topics ↓	i deliki i i i i i i i i i i i i i i i i i i	randowness consequent	is a Milkinstein warm on every share.		emerikkadaja vajdanta	The second secon	occupation of the second
Strategy 2:Staff will receive by email a monthly newsletter titled Nutrition Nuggets which promotes healthy nutrition and physical activity.	i					X	The state of the s
Strategy 4:	rigoman (Priming) projection of the control of the	4	A video and the control of the contr		MIRRORATE A: Communication of the Communication of		
Lighte district promotes staff member participation in health promotion programs.		And the second			Company of the control of the contro		THE PERSON NAMED IN COLUMN 1
District has a healthy meeting policy for all events with available food options, created by the district wellness committee to optimize healthy food options.				Marie Control		The second secon	Majorana, panaga ASIA
The district when feasible will offer annual professional learning opportunities and resources for staff to increase knowledge and skills about promoting healthy behaviors in the classroom and schools.							and Who and All Hands serve Orem wer 17
□ Each school has a health professional on site for at least half the school day.							
யூ hedistrict supports healthralls atsghōols,per.year."			100	Although the second sec			- and the same of
□ Other:							
是一种种种的,是一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个	TENER 1 10 10 10 10 10 10 10 10 10 10 10 10 1	AND THE PERSON OF A SUBSTITUTE A	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	The second second second	1174 of a N 2 cm 2 G/2		į.

☐ Other:

II. DISTRICT POLICIES

In each of the following sections, select and/or describe the policies that will apply to all schools in the district. Some of the policies are required and thus, already selected. Then, write the selected policies in the LWP Template: When you monitor implementation, you will report on how many schools comply with the district policies, or if the district as a whole is in compliance with the policy.

DISTRICT POLICY: SCHOOL MEALS STANDARDS	· Trendelijeli	Valario	V. S.
At a minimum, the school meal standards should meet the New Meal Pattern requirements. LEAs can establish additional standards important to the district. This section should also include standards for the meal service area, menu composition (use of local produce) and guidelines for water availability during meals.	% of schools in compliance	% of schools in compliance	% of schools in compliance
Millional National Control Con			er Japan de la comp
All schools in the district participate in the National School Lunch Program.		(2.50)	1 412
□ Lunch meals served meet the new meal pattern requirements including minimum requirements for fruits, vegetables (and subgroups), whole-grain rich foods, meat/meat alternates and 2 varieties of milk.	- 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1		
percent of lunch items will be prepared from scratch or made on site.			
Students are served lunch at a reasonable and appropriate time of the day.			
☐ Lunch follows recess to better support learning and healthy eating			<u></u>
☑ Students have adequate time to eat:	* · · · · · · · · · · · · · · · · · · ·	<u> </u>	
Students have 10 minutes of seated time breakfast Students have 20 minutes of seated time lunch			
☐ Students have 30 minutes of seated time (ADE best practice) ☐ Students have minutes of seated time	•		Service and the service and se
schoolieten/angleineghop			
All schools in the district participate in the School Breakfast Program.	semalatoly design STEMED Sec. 955.	The STREET CHILDRED AND LA	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1
Breakfast meals served meet the new meal pattern requirements including minimum requirements for fruits/vegetables, whole-grain rich foods, and 2 varieties of milk.	» *		

The district encourages schools to provide breakfast in the classroom or via mobile grab and go carts.			
ssilitelesi Vietiesta il ililaisesta esta la tresta lla valama della lotto fronta la la esta su la la constant		l Postavića da se od postavije vij	Very November 1990 Story
☑ Meals are appealing and attractive to students.		Minister of Arthur	下海(1) 1 · 1 · 1 · 1
☐ Meals are served in clean and pleasant settings.		dimmeration	NPONE AND
☐ Local and/or regional products are incorporated into the school meal programs,			
☑ Fresh fruits and vegetables are served daily.			
☑ White milk is placed in front of other beverages in all coolers		-	
Menus are created/reviewed by a Registered Dietitian or other certified nutrition professional.			Continue to the second
School meals are administered by a team of nutrition professionals.	A proportion of the American Section 1997	£	
Meet or exceed current nutrition requirements established by local, state, and Federal statutes and regulations.			
Alternative entrée options (e.g., salod bar; yogurt parfoits, etc.) are available.	And the second s	**************************************	
☑ The District child nutrition program will accommodate students with special dietory needs.	P. Committee of the com		
[] Menus will be posted on the District website or individual school websites; and will include nutrient content and ingredients		<u> </u>	
Other:			
Other:	a productive de la company de	· ·	i
O Other:	***************************************		
Walter and the second of the s			 1638 1647 1544 1555 27
Free, potable water is available to all students during the meal period.		r dezerre dezerre eta e. L	(1996) (1996) (1996) (1996) (1996) (1996) (1996) (1996) (1996)
☐ Water sources and containers are maintained on a regular basis to ensure good hygiene and health safety standards.			
Students are allowed to bring and carry approved water bottles with only water in them throughout the day.			VIII.
	<u> </u>		
DISTRICT POLICY: COMPETITIVE FOOD AND BEVERAGES			
	4/9/1/2015 2/2014	A. M.C. S.	
(FOOD SOLD TO STUDENTS)			
Competitive foods and beverages are those foods that are said outside of and in competition with the federally reimbursable meal	% of schools in	% of schools in	% of schools in
programs. At a minimum, LEAs must ensure all foods and beverages sold on campus, during the school day defined as midnight to thirty minutes after the end of the school, will meet the USDA Smart Snack guidelines for grades K-12. LEAs can establish	compliance	compliance	compliance
additional standards.			
🕍 Foods and beverages sold outside the solicol meal programs Will meat the USDA-Smart Snacks in selection nutrition standards	TO PROPERTY.	DYWAPENA :	利尼型的支机 工
on the school campus during the school day (midnight to thirty minutes, after the and of the school day). This applies to foods			
Not applicable, district does not sell competitive foods:			
			The state of the s
☐ In student stores	· · · · · · · · · · · · · · · · · · ·	E Andrew of the community of the best of the best of the second of the s	
☑ In vending machines	*	<u> </u>	
as in venturing innominan			1

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□ Other:			
ingerendudbeverantes elle outstateora at estatophaent quot oraș meatrine following adalmentabilitate line, tent	i Nasara ang ibina ang		44.6
Li All foods and beverages sold outside the school meal programs will meet the LISDA Smort Smolt in California			at the very
semested on the school campus (manight to midnight).			
☐ Guideline:		, , , , , , , , , , , , , , , , , , ,	
□ Guideline:			
		Salisia de la companya della companya della companya de la companya de la companya della company	A STATE OF THE PROPERTY OF THE
DISTRICT POLICY: CELEBRATIONS AND REWARDS	e neglept registered in the		
(FOOD SERVED TO STUDENTS)	o in Malakina asi	STEPPONE TO STEP	(SAS) (ESTROPES
Arizona Law (ARS 15-242) referred to as Arizona Nutrition Standards status that all 6 - 1 - 1			
	% of schools in	% of schools in	% of schools in
Schools and Arizona Nutrition Standards guidelines do not apply to foods brought to school in bagged junches or for activities such as birthday parties, holidays, or other celebrations.	compliance	compliance	compilance
Child County a distribute a la constant a			
		e talan sa garaga ya ya sa sa sa	
☐ Foods served to students in grades K-8 meet (or exceed) the USDA Smart Snacks in School nutrition standards, per the <u>Arizona</u> Nutrition Standards (ARS 15-242).		and the second s	The second specific and the second se
Foods served to students in grades 9-12 meet (or exceed) the USDA Smart Shecks in School nutrition standards, per the Arizona Nutrition Standards (ARS 15-242).	A ×		•
Arizona Nutrition Standards (ARS 15-242). Glosgophia (Jaiottica) (Cloude)			
Foods served to students during classroom celebrations and parties (holldays and birthdays) meet (or exceed) the USDA Smart		Shirt Sheet Sheet Sh	general starts
Snacks in School nutrition standards, per the Arizona Nutrition Standards (ARS 15-242).			
Parents and teachers receive a list of healthy party ideas, including non-food celebration ideas.			
Classroom snacks brought in by parents meet (or exceed) the USDA Smart Snacks in School nutrition standards, per the Arizona Nutrition Standards (ARS 15-242).			
Barents receive a list of foods and heverages that most the USBA Standard List.	7 - 7 - 17 - 17 - 17 - 17 - 17 - 17 - 1	-	
Food and beverage is not used as a reward.			
Toghan and at an in the Co.		was a second	
23 reactie) sand other school staff receive a list of alternative ways to reward students: 11/16-10-10-10-10-10-10-10-10-10-10-10-10-10-			
☐ Guldeilne:			
☐ Guideline:			<u> </u>
C Guideline:			

DISTRICT POLICY: FUNDRAISING	Y45 (: 16;#	Angel 2	
in Arizona, all fundraisers are exempted from the Smart Snacks guidelines when an exemption request form is submitted, per HNS 24-2015. However, regulations state that no exempted fundraiser foods or beverages may be sold in competition with school meals in the food service area during the meal service. Additionally, LEAs have the authority to implement more restrictive fundraising food standards.	% of schools in compliance	% of schools in compliance	% of schools in compliance
The district has adopted the following fundraising policy:			A Secretary of the secr
■ The district does not allow exempt fundralsers. All food sold on campus during the school day as part of a fundralser must meet Smart Snacks guidelines.			
The district allows infrequent, exempt fundraisers, where food sold on campus during the school day does not meet Smart Snacks guidelines and complies with the following:	A CONTRACTOR OF THE PARTY OF TH		
☐ The district submits the exemption request form to ADE for all food-related fundraisers, intended for consumption on school campus during the school day, that do not meet the Smart Snacks guidelines.			
☐The district defines what it considers to be 'infrequent' as it relates to exempt fundraisers as:			
☐The district defines what it considers to be an appropriate short duration for exempt fundralsers as:	nggang ar jagandunia da anggungang da 2 . pa	A Commence of the Commence of	
A GUANTA LANGUA A ANGLARAGA A SA			
The district fundralsing policy is distributed to all schools.			
☐ The district fundraising policy is distributed to all parents/guardians.			
itus di Autorius, Karalik ja dispubljujaniaj naj pijenjaj p <mark>i prisloj sinos se kompo</mark> ranti. Di Guideline:			E of September 1
☐ Guidefine:			
□ Guideline:			
DISTRICT POLICY: FOOD AND BEVERAGE MARKETING	 ≆€V(jiir!	Waite 2	Specific St.
LEAs that allow marketing of food and beverages to students must include plans and policies that allow the marketing of only those foods and beverages that may be sold on the school compus during the school day (i.e. that meet the USDA's Smart Snacks in Schools) LEAs have the discretion to enact broader policies that address marketing that occurs at events outside of school hours,	% of schools in compliance	% of schools in compliance	% of schools in compliance
⊠ All foods and beverages advertised on the school campus during the school day meet or exceed the USDA Smart Snacks in School nutrition guidelines. These guidelines apply to (Check all that apply)			

☑ Vending mechine exteriors.

☑ Posters, book covers, school supplies displays etc.
 ☑ Advertisements in school publications or mailings

☑ School equipment such as marquees, message boards, scoreboards, busses etc.

🖾 Cups used for beverage dispensing, meriu boards, coolers, trach sans, and other food service equipment

N From week to the first t	_	P	
☑ Free product samples, taste tests, or coupons of a product or free samples displaying advertising of a product			
CONTRACTOR ASSISTANCE			1
igiizaki ji liberek (aliki kacada in longiko pilitigin) espiragia igagista ja ebe veranji smorke teli igistini kacada in longiko pilitigini espiranji kacada in longiko pilitigini kacada in l		enicardos a crai sobre:	and the second of the second
As the district, school nutrition services, athletic director, PTO/PTA reviews existing contracts and considers new contracts.			
entitionent and numbered a destination of the contracts and considers new contracts.		Į.	
equipment and purchasing, decisions reflect applicable marketing guidelines established by the LWP.	7 -) :	
☐ Guldeline:		Į	<u> </u>
	-	i i	
□ Guideline:	<u> </u>	<u> </u>	
			<u> </u>
□ Guideline:	il an annual in a suite		
	ly		

III. DISTRICT WELLNESS COMMUTTEE

The District is required to convene a representative district welfacts committee that opens to establish would are seen about the order of the district level welfacts policies and programs, including development, implementation and periodic review and update of this district level welfacts policy.

COMMITTEE ROLE AND MEMBERSHIP		1,59 <mark>1</mark> 4-745-31 -3, 14-745-3		1000		
he district must notify the public of their ability to participate in the LWP process. LEAs should establish details of how the NP will be convened and how it will operate.	YES	NO	YES	NO	YES	NO
District.convenes a representative district wellness committee (DWC).	Ark H	, , , , , , , , , , , , , , , , , , ,				
☑ District Wellness Committee meets2times per year.					-	
☑ The public is notified of their ability to participate in the district wellness committee.						
The public is notified of their ability to participate in the district wellness committee using the following methods:				<u> </u>		I de la composition della comp
☐ Email	1				-	
☑ Notices on district website				<u> </u>	1	
☐ Newsletters	<u> </u>				-	
☐ Presentations to parents					·	<u> </u>
☐ Sending information home via flyers				1		
Other: Notice is posted on school district marque and posters displayed on school campus.		<u> </u>	· •			<u></u>
NAME AND ADDRESS OF THE PARTY O		<u> </u>		<u> </u>	<u> </u>	
🖾 All school levels (elementary, middle, high)			*		T	

Local Wellness Policy Activity and Assessment Tool

☑ Parents/Caregivers	20.2	
Students		
☐ Representative from School Nutrition Programs		
☑ Physical education teacher		
☐ Health education teacher		
School health professionals (nurses) ■ Comparison of the professional (nurses) ■ Comparison of the profession of the profe	A	
Mental health and social services staff (counselors, psychologists, social workers)		<u></u> ,
School board members		
☐ Health professionals (dietitians, doctors, nurses)	<u> </u>	
		<u></u>
DWC <u>has</u> representation from:		
All school levels (elementary, middle, high)		
☑ Parents/Caregivers		
☐ Students		4 i.u. 10.300
☐ Representative from School Nutrition Programs		
☐ Physical education teacher		
☐ Health education teacher		makanan jaja
☑ School health professionals (nurses)		
☐ Mental health and social services staff (counselors, psychologists, social workers)		· ·
School board members		
☐ Health professionals (dietitians, doctors, nurses)		2000 s
☐ The general public		
☑ To the extent possible, representatives from each school in the district		
DWC includes representation from community partners (when feasible)		
CJSNAP-Ed.coordinator		
□Other:		
Each school within the district has an on-going school wellness committee (School Health Advisory Committee-SHAC) to review school-level, health related issues in coordination with the DWC.		

LEADERSHIP	医感觉数点	1481 132 8	cor (L. Par		22 V (E. 1) X	
The district must designate one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the local wellness policy. This may or may not be the same person responsible for bringing the wellness committee together and planning the meetings.	YES'	NO	YES	NO	YES	NO
☑ There is a person designated to convene the DWC and facilitate development of and undates to the wellness policy. ☑ Designee isRon Tenney			-			
☐ There is a district-level official designated to ensure all schools' compliance with the policy. ☐ Designee is						
☑ Each school has designated a wellness policy coordinator who will ensure compliance with the policy at the collocal level. ☑ Position/Title of the designees isReed Porter; Tim Slade/ Principals						

IV. IMPLEMENTATION, MONITORING, ACCOUNTABILITY AND NOTIFICATION

Convening a district wellness committee and writing the policy is the flest step in the LWP process. However, districts are also responsible for implementing, monitoring, and notifying the public about the LWP. Annual reviews and updates to the policy are recommended, while a thorough assessment of compliance is required every three years.

IMPLEMENTATION PLAN	No.				Yian	
Once the wellness policy is written, the district will need to communicate to the goals and policies to all schools. Schools will then implement the policies and begin working toward the goals as appropriate. The implementation of the policies should be consistent across all schools, but the actions that work toward meeting the goals may vary from school to school.	YES	NO	YES	NO	YES	NO
图: Schools tonducted a school level assessment prior to developing an (inplementation plan. The assessment used was 图 The Alliance for a Healthier Generation Bealthy Schools Program 图 The School Health Index 图 Action for Healthy Kids Game On program 图 Other program:						
☑ The district has a plan for implementation to manage and coordinate the execution of this wellness policy at each school.	1					1
M. The plan includes roles, responsibilities, actions and timelines specific to each school and includes an formation about who will be responsible to make changes.		acu di		i de i		

TRIENNIAL PROGRESS ASSESSIMENTS			188 a 5 0 h			27.94.349
At least once every three years, the District must assess compliance with their wellness policy and arrors processes toward	2016 WS					1833 32
meeting the goals of the wellness policy.	YES	NO	YES	NO	YES	ИО

☑ At least once every three years, the district evaluates compliance with the wellness policy. The evaluation includes:	第三分字	172 683	Tage that the second second	7203° Y	19.2	,
1	area area	de Broth (C.)	keranganan .			
☐ The extent to which schools under the jurisdiction of the district are in compliance with the wellness policy.			<u> </u>	1		
☑ The extent to which the district's policy compares to the a model policy			1			
A description of the progress made in attaining the goals of the district's wellness policy.			· 			
The district designated a person responsible for menaging the triennial assessment This designee is:						

REVISIONS AND UPDATING THE POLICY				1996 (1986)	An Wit	72 ME 100
LEAs are required to update or modify the wellness policy as appropriate.		T statut i		经统数金	posperation	
	YES	NO	YES	NO	YES	NO
🛿 Policy is updated when appropriate; including when:		Jragel	146 2 18 19 19 19 18 18 18 18 18 18 18 18 18 18 18 18 18	150848.27	1327.753	C 3 7# 1
El District phorities change	indiana Anj	建				
□ Community needs change:		4-41-41			148	<u>ئا نىڭىدىنى ت</u>
□ Wellness goals are mêt			Talena.			7 (1997) 1 (1997)
.□ NeW health science information emerges			1855 SEC. 1			*
CI: New state or fede(all guidance/staridards are issues.						
Lighte David conducts an annual School Health Index at each school.	E CALL TO SERVICE	THE RESERVE AND A STATE OF THE PERSON OF THE				
D Updates to the policy are made based on the results of the Sohool Health Index	的意思要为		34K-7-3	447.50	domest the	

NOTIFICATION OF WELLNESS POLICY, POLICY UPDATES AND	nagarayi. Tanahir		Y.	gengradud Marketsia	λά ž i	
TRIENNIAL ASSESSMENT	200000000000000000000000000000000000000		- Control of the Control			1-3- <u>5-3-6-6-3-8</u>
LEAs must make available to the public (1) at all times the wellness policy (2) on an annual basis, at minimum, any updates to and about the wellness policy, and (3) the Triennial Assessment which includes progress toward meeting their wellness goals and compliance with the written policy over a three year period.	YES	NO	YES	NO NO	YES	NO
Avaliability of the level of the second of t	100000000000	l Lightagh S			n de littor	ŠW ŠI
☑ The public has access to the LWP at all times:	Take Mark			178		
☑ The wellness policy is posted online. The URL is: _https://www.heberovergaardschools.org/						
Albani (addicino Availla elli de di divinton dan edit di didutario di la savreta de la la la la la la la la la	7.3.14	7				V - XX (4)
⊠. District informs families and the public each year of basis iblornation about the policy including its content; updates: and implementation status: Best practice is to include last revision date on £WP.	14. m	175-16-15 175-16-15	-000000 C			
District informs families and the public each year of basic information about the policy, including its content, updates, and implementation status by: Phone message letting them know that the policy is located on the district website.		***************************************				
C Email		<u></u>			·	1

Local Wellness Policy Activity and Assessment Tool

Notices on district webs!te			ř			
☐ Newsletters	<u> </u>	وقور وجأد فللمستخد المارح ومشاو				
☐ Presentations to parents				<u> </u>		
☐ Sending information home				<u> </u>		
☐ Other	· · · · · · · · · · · · · · · · · · ·				ii	
☐ Communications include culturally and linguistically appropriate languages	Kangrasian Kangrasian	. The gard of	Sales Sales (Sel)	WITTEN	19 19 18 7 L	81.5 (S ² . 8
/Withinfully and the control of the		(1894) 10 P.			7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	
The district actively notifies households of the availability of the triennial progress report.	3201 V		* 10 m			
図、the triennial assessments are available to the public. The URL is: https://www.fieberovergaardschools.org/』	i Artendari		8.376			
RECORDKEEPING	(1) (2) (1 (0)		1 M. 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			WCASH A
The district retains the following documents to demonstrate compliance with the wellness policy.	多多小?	lighter i	神学が単	JAR SE	30 AS A	ir in the
o out of the wante state of the wante of policy.	YES	NO	YES	NO	YES	NO
Documentation kept on file includes:	انتهزيت بعيدا		la international and the second		k	
⊠ Written wellness policy □ Documentation domonstrating it has be			Table 1		<u> </u>	in the same of the
☑ Documentation demonstrating it has been made available to the public	3	Control of the second	. 111123237 197	1, -1947, 2		
Spocurientation of efforts in review and independent and independent at the problem of the probl	Transition of the		/ // // 1334 S.	13000		والمنافعة والمنا
νοcumentation to demonstrate compliance with the annual public notification requirements	\				1.	
☑ The most recent assessment on implementation of the school wellness policy						
☑ Documentation demonstrating the most recent assessment on the implementation of the policy has been made available to the public.					er de promisione en la benefit de Parland]

*		,	
	-		